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### The Graham Fulford Charitable Trust

## Supporting prostate cancer awareness and early diagnosis through PSA testing

#### **About the Trust**

The Graham Fulford Charitable Trust (GFCT) was set up by Graham Fulford to promote awareness of Prostate Cancer following the diagnosis of a close friend who died at the age of 58 and a close family member who died in 2007 with prostate cancer after a valiant fight.

Since 2004, GFCT has been involved in testing over 100,000 men and conducting nearly 140,000 tests so far. Consequently, there have been over 1820 known cancers identified that otherwise may not have been discovered.

#### **PSA Testing**

The PSA Test is a blood test which can detect the early signs of prostate cancer.

The test, which can be done at a GP surgery, measures the level of PSA (prostate-specific antigen) in your blood. PSA is made by the prostate gland.

Some of it will leak into your blood, and the amount depends on your age and the health of your prostate.

A raised PSA level in your blood may show that you have a problem with your prostate. However, this may not be prostate cancer.

Other conditions, such as an enlarged prostate, prostatitis or a urinary infection, can also cause a raised PSA level.

All men over 40 are able to visit one of our PSA testing sessions, as long as they have made an informed choice based on the benefits, limitations and risks of having the test.

#### **Provincial Grand Chapter – Thursday 16 March 2023**

Free testing (normally £22) will be available at the Annual Meeting of Provincial Grand Chapter on Thursday 16 March 2023 between 11:30 am and 2:30 pm and which is being funded by the ELMC.

You can book your appointment, in advance, by registering with GFCT, by following this link;

#### https://gfct.mypsatests.org.uk

You will receive a confirmation email, which will include a QR code, for you to present on the day.

A limited number of slots will be available, on the day, but you are advised to book in advance.